Newborn Assessment Record

IF YOU DETECT ANY ABNORMAL FINDINGS, CALL!
Please check your baby every 4 hours. Circle, check, or comment.

TIME:						
TEMPERATURE: Use a digital thermometer and take the baby's temperature under his/her arm. Insert in the armpit and read temperature after 60 seconds or at the beep. Normal range: 97.5 – 99.5. If the temperature is not within range, discern whether the baby is over dressed or under dressed.	Normal < 97.5 > 99.5	Normal < 97.5 > 99.5	Normal < 97.5 > 99.5	Normal < 97.5 > 99.5	Normal < 97.5 > 99.5	Normal < 97.5 > 99.5
RESPIRATIONS: Count one full minute by watching the baby's chest as it rises and falls. May be irregular, but should not be forced or grunty. Normal range 40-60/minute. Can be higher if crying.	40-60 > 60 > 65 > 70	40-60 > 60 > 65 > 70	40-60 > 60 > 65 > 70	40-60 > 60 > 65 > 70	40-60 > 60 > 65 > 70	40-60 > 60 > 65 > 70
ACTIVITY LEVEL: Newborns experience periods of wakefulness and sleepiness. If your baby seems too sleepy or too irritable, call the midwife.	Active Wakeful Sleepy Fussy	Active Wakeful Sleepy Fussy	Active Wakeful Sleepy Fussy	Active Wakeful Sleepy Fussy	Active Wakeful Sleepy Fussy	Active Wakeful Sleepy Fussy
URINE: Place a check ✓every time you change a wet diaper. Call if baby has not urinated within 24 hours after birth.						
BOWEL MOVEMENTS: Place a ✓ for each stool. Call if the baby has not had a bowel movement by 24 hours after birth.						
SKIN COLOR: Observe for normal pink color. Report any blueness around the mouth or gray/blue tinge to the skin. Look for jaundice, a yellow color to the skin, usually noted on face or abdomen. Any jaundice should be reported.	Pink Bluish Yellow	Pink Bluish Yellow	Pink Bluish Yellow	Pink Bluish Yellow	Pink Bluish Yellow	Pink Bluish Yellow
FEEDINGS: A vigorous suck is a good indication of well-being. You should offer the breast on demand, or every 2-3 hours. Note if the suck is strong or lazy, or if the baby falls asleep at the breast consistently. If baby feeds poorly more than two times in a row, call. Place a ✓for each feeding.	**Suck:** Strong Lazy	**Suck:** Strong Lazy	**Suck:** Strong Lazy	**Suck:** Strong Lazy	**Suck:** Strong Lazy	**Suck:** Strong Lazy